

Co-Ed Volleyball Rules



Big Apple Fun Center
500 W 4th St
Kearney, NE 68845



I. Management

- League Coordinator: Jason Feddersen. jason.feddersen@bigapplefuncenter.com
- Score Recaps: Tammy Spangler

II. Season Format

- The league will follow at minimum, a round robin format. Teams will play the number of games as promoted on the registration flier. A post-season tournament will be held for all leagues.

III. Eligibility

- There are a maximum six (6) players per team on the court during a game.
- Participants must be at least 16 years of age at the beginning of the season.
- Big Apple Fun Center reserves the right to not allow any team name that is discriminatory, inappropriate, or disrespectful.
- All players must sign the waiver prior to playing. Players may be added to the roster anytime throughout the season. If a post-season tournament is conducted, players must be on the roster prior to the last scheduled match in order to be eligible for the tournament. You can not sub for a team of the same league night as your team. (EX: Sunday teams can't sub for other Sunday teams.)
- Upon registering, send your team roster and team name (if you have one) to Jason.

IV. General Playing Rules

A. Number of Players

- Each team shall field 6 players. A team may play with as few as 4 players. In the event a team can only field 3 players or less, at the scheduled game time, a forfeit for the 1st set will be called. Teams will have 10 minutes from the starting time before the 2nd & 3rd sets are declared a forfeit.
- During co-ed play, teams ideally will play 3 men and 3 women. You can play as many women as you want, but you can not play more than 3 men at a time. Otherwise, it will be a forfeit.

B. Scoring and Time Outs

- Sets 1 and 2 will be played to 25 win by two and set 3 will be played to 15 win by two.
- One time out per set, including the third set.
- Each set is worth 1 point.
- If one team goes up 2-0, there is an option to not play the 3rd set, but that 3rd point will get awarded to that team who won 2-0 if you choose to not play the 3rd set.
- For determining standings in playoffs, if there are ties, we will look at the record against those two teams for the higher standings. If it's still a tie, we will look at points scored for the season.

C. Replays

- If a ball from an adjacent court enters the playing area, and interferes with play, a replay can be called.

D. Serve

- The server may not step on or beyond the end line.
- When the receiving team has gained the right to serve (after the first serve of the game, and all serves thereafter), it's players must rotate one position clockwise (player in the right front position rotates to right back to serve; player in right back rotates to center back, etc.).
- It is a legal serve if the ball touches the net and goes over inbounds.

E. Reaching Beyond the Net & Blocking

- Blocking or attacking the ball on the serve is illegal.
- A blocker may touch the ball beyond the net, provided that he/she does not interfere with the opponent's play before or during the latter's attack hit.
- After an attack hit, a player is permitted to pass his/her hand beyond the net, provided that the contact has been made within his/her own playing space.
- In order to be considered a blocker, a player close to the net must be reaching higher than the net at the time the contact is made with the ball coming from the opponents. Any contact made when the player is below the height of the net will be considered the first team hit, even if the player has not yet returned to the court after being higher than the net at some point during the effort.
- When a player is standing at net, he/she may not redirect the ball in any way with his/her hands through the net.

F. Playing the Ball

- Each team is allowed a maximum of three successive contacts of the ball in order to return the ball to the opponent's area.
- In co-ed play, a man or woman may hit the ball directly back over the net off the serve.
- In co-ed play, whenever there are multiple hits on a side, a woman must hit the ball at least once.
- The ball may touch any part of the body. Kicking the ball is legal, intentionally or unintentionally.

V. Courtesy

- If you bring kids to the court, please make sure they are not in a place where they could get hurt. You are responsible for the behavior of your child. Young children should be supervised.

Be safe and have fun out there!

Thanks for playing volleyball! If you have any questions, don't hesitate to email Jason.